

Sports Coach

Level 4

What will I learn?

- Coaching philosophies and professional practice that consider key stakeholder needs, sporting contexts and codes, using transformational coaching methods and planning techniques.
- Coaching team development and techniques aligned to all relevant and current legislation, policy, process, operating standards and scopes of practice.
- Progressive programme design and delivery techniques that ensure safe practice and support at events and competition and embed learning transfer across situations.

What skills will I develop?

- Enhance coaching competencies and both interpersonal and intrapersonal skills through continued professional development and self-awareness skills training.
- Develop transformational coaching strategies and tactics that consider sector, sport, organisation and participants unique needs.
- Comply with legal, ethical, effective and efficient coaching systems that align to your company's vision, strategies, policies and processes.

What will success look like?

- Act as an ambassador for the Sports and coaching sector, both internally and externally.
- Lead by example, acts with integrity, builds trust and demonstrates respect for others.
- Challenge situations to foster new ways of thinking and working and resolve problems. Seek out opportunities for continuous improvement in participants, the coaching services and the sector.



Who is it for?

The Level 4 Sports Coach apprenticeship is aimed at any advanced coach working in a school sport, community sport or high-performance sport environment. The standard will support coaches to use extensive technical and tactical sports knowledge and skills to design and deliver coaching programmes that engage, motivate and evolve participants' skills and performance.

Entry Requirements

There are no previous qualifications or age restriction for this course.

Apprentices must have:

- Held a residency in the UK for the last three years.
- Apprentices aged 16-18 years must be able to complete Functional Skills Level 2 English and Maths whilst on programme if previously not secured a grade 4 (C) or above in GCSE English and Maths.
- Apprentices aged 19+ years have the option to complete Functional Skills Level 2 English and Maths whilst on programme if previously not secured a grade 4 (C) or above in GCSE English and Maths – this is no longer a mandatory requirement.

Funding

- £9000 for this 24-month course.
- 100% funded for those settings who pay into the Government apprenticeship Levy.
- 95% funded for non-levy setting, a 5% employer contribution of £450 per learner.
- An employer incentive payment of £1,000 is available for new apprentices aged 16 to 18 and those under 25 with an Education, Health, and Care Plan.

End Point Assessment

- Work based project & presentation with questions.
- Coaching session plan & observation with questions.
- Professional discussion supported by Aptem portfolio of work

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