

# Upskill Your Staff

Discover our most popular training courses!



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# FIRST AID CERTIFICATION

This certification will allow your employees to learn about why first aid is essential for businesses of all types. It is both a legal obligation under UK law to have a first aider on-site and is a potentially life-saving exercise.

A first aider performs the vital role of being the first point of contact for all first aid matters; their four major roles will be identified during this certification course, including taking emergency action and keeping accurate first aid records.

The importance of the first aid kit will also be discussed, with a comprehensive checklist being provided of everything that needs to be included in a businesses first aid kit.

Your staff will learn about the importance of a needs assessment analysis and the legal requirements for appointed people and first aiders. This course is the ultimate resource for understanding everything you need to know about the first aid appointed person in the UK.



# GDPR

## CERTIFICATION

The GDPR still applies to the UK despite having now left the EU; this will run through what GDPR is, why it was introduced and its relationship to previous legislation and who must comply with the rules. The General Data Protection Regulation (GDPR) has been retained in UK law with only some small changes. The key principles, rights and obligations remain the same; it is now known as the UK GDPR.

This course will allow your employees to understand the underlying principles of GDPR, how your organisation is permitted to collect and process data and how GDPR makes provisions for the handling of highly sensitive personal information.

# SAFEGUARDING CHILDREN

## CERTIFICATION

Every child has the right to feel safe and live a life free from abuse. Unfortunately, many children are often neglected and mistreated by those closest to them. This course will allow your employees to understand what 'safeguarding' means, why children are a vulnerable group and who has responsibility to protect them from harms.

Child abuse and neglect can take several different forms; this certification will help your staff to recognise the signs and forms of abuse that may be taking place, including sexual and emotional abuse. Children who have been abused are more likely to develop mental health problems in adulthood and are at an increased risk to perpetrate abuse against other.

Efficient and effective safeguarding can help prevent child abuse; being able to identify the most common signs of child abuse and reporting it swiftly and accurately will save children from further suffering.

This course will help employees to know what to do if they know or suspect that child abuse is taking place. They will also learn why and how the internet poses safety risks and how to safeguard children who use the internet.



# SAFEGUARDING ADULTS

## CERTIFICATION

Every adult deserves to live a safe, happy life that is free from abuse. Many people will unfortunately experience a form of abuse in their lifetime; adults who are vulnerable and less able to protect themselves from risks and harm are at an increased risk of experiencing some form of abuse.

This course will give your staff a thorough overview of what safeguarding adults means and looks like; it will also give insight into how to protect vulnerable adults can be protected from abuse. The six key principles of safeguarding will be covered, to ensure prevention of abuse.

Staff that undertake this course will also highlight the different forms abuse can take including financial, emotional, sexual and physical. They will

This course will provide you with an overview of what safeguarding means in practice and how vulnerable adults can be protected from abuse. The course addresses what can be done in the short term to help those in need and provides insight into the preventative measures that work to reduce the risk of abuse in the first place.

# BRITISH VALUES CERTIFICATION

There has recently been a rise in terrorist attacks, extremist activities and the radicalisation of young people by Islamic terrorist groups within the UK. The Department of Education has suggested instilling British values within early years, to counteract the risk of radicalisation.

During this course, employees will learn the importance of British values and why they work against the risk of radicalisation. Students will also understand the difference between right and wrong, by practising British values in their daily lives.

This certification will also help those undertaking it understand the benefits and goals of introducing British values into school and how spiritual, moral, social and cultural development (SMSC) can help support student development. Employees will also learn how democracy and the rule of law create a balance between accountability and freedom, how mutual respect, tolerance and individual liberty create an air of harmony and how schools can help promote British values in both practical and effective ways.

This course would greatly benefit teachers and school staff who interact with children on a daily basis. Those that attend this course will gain the skills to organise debates, speech writing and essays to help motivate students think critically about important issues, whilst promoting British values amongst students to resist radicalisation.

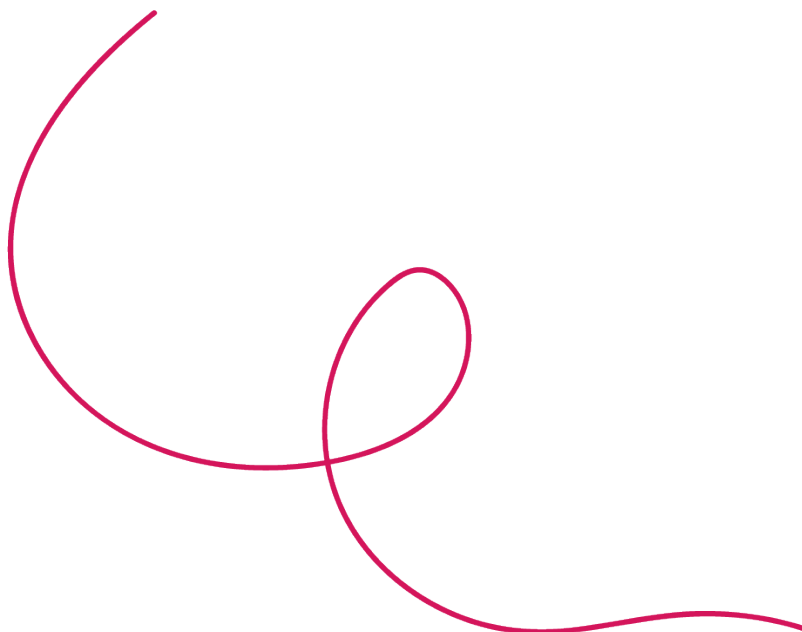


# **FEMALE GENITAL MUTILATION, HONOUR-BASED ABUSE & FORCED MARRIAGE AWARENESS CERTIFICATION**

Female genital mutilation (FGM) is a serious concern not only in the UK, but all over the world. More than 200million girls and women across the globe have suffered from a form of FGM. This certification course explores all aspects of FGM practice and is recommend for those who work with or are looking to work with children, young adults and families.

During this course, students will learn how to recognise the indicators of potential FGM and gain useful insights into intervention and training to spot and deter FGM from taking place. Knowledge regarding FGM will also be enhanced and what to do in case you come across a victim who has suffered from FGM or abuse. Honour-based violence will also be discussed, alongside its links with beliefs and traditions. The different reasons for forced marriages will also be explored, delving into the laws and acts that relate to the prevention of such occurrences.

This course is ideal for anyone that has an interest in the justice system, that has a career in humanitarian services and counselling or someone that works with vulnerable groups.





# PREVENT DUTY CERTIFICATION

Terrorism is an ever looming threat to society and has devastating affects. A major tool used by terrorists group to promote their propaganda and gain support is through radicalisation of young people and students. This is done through frequent contact and indoctrination of young minds.

Some groups of young people may be at a higher risk of radicalisation; this course will help learners understand how terrorist organisations use intimidation to reach their objectives and how to recognised the similarities and differences between extremists and terrorists.

Throughout this certification course, students will also learn about the radicalisation methods terrorist groups use to recruit young people, what teachers and school staff are expected to do if they notice any concern and how to identify potentially susceptible children and refer them for help.

This course is ideal for those who work with vulnerable young people, within schools or community groups.



# **EQUALITY, DIVERSITY & DISCRIMINATION AWARENESS CERTIFICATION**

This course will help employers and employees to understand what 'equality' and 'diversity' actually mean and how they affect workplaces.

There is a legislation in place within places of work to ensure that we all meet our responsibilities when it comes to equality and diversity; training is the perfect way to make sure that these obligations are met.

Throughout this certification, you will learn how to promote diversity and equality, understand what is meant by discrimination, stereotypes and prejudices, how to value others and about equality and diversity legislations.

# MENTAL HEALTH AWARENESS

## CERTIFICATION

Every year, 1 in 4 adults experiences a mental health problem, according to the mental health charity, Mind. Alongside this, 1 in 6 people will experience a mental health issue every week.

Mental health has become more openly discussed and is a relatively common condition, however, those who suffer from a mental illness often feel ashamed to reach out or are unaware of the support that is available to them. This can lead to sometimes devastating consequences. This course will help students understand how simply being aware of the sign, causes and treatments for mental health problems can create a safe and nurturing environment; this can be both in the work place or at home.

During this certification course, knowledge will be gained surrounding the terms 'mental health' and 'mental illness', how psychological distress presents itself differently and how it can affect an individuals life. It will also be discussed how medication and talk-based therapies can be used as treatments, how and why people self-harm, how those experiencing mental illness can be supported at home and in the work place.

This course is ideal for those who work in a HR or management role, have a psychiatric career, someone who works with vulnerable people or just generally wants to understand more about how someone with mental health problems can be better supported.



# COACHING & MENTORING SKILLS

## CERTIFICATION

Coaches and mentors are crucial to building up someone's confidence and skills across all professions. They provide essential guidance, both long-term and short-term, to help individuals meet their goals and milestones within personal and professional environments.

This course will help students to take the time to perfect their coaching and mentoring skills, whilst helping them ascertain better understandings of people, transfer knowledge via active learning and help people to nurture themselves.

This certification is ideal for those who work within managerial positions, team situations or who simply want to gain more confidence in themselves.



Has one of these courses  
caught your eye?

Reach out today and book yourself or your  
employees onto it today!

Email: [shaun.grant@stroyy.group](mailto:shaun.grant@stroyy.group)

Phone: 01344987877 / 07872823967



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