

Community Sport & Health Officer

Level 3

What will I learn?

- How to initiate meaningful behaviour change based on utilising a strength and asset based approach.
- What constitutes an effective sport or physical activity programme and how to measure customer satisfaction.
- Where to source and how to use customer insight to design sport and physical activity interventions – weekly coaching sessions, social skills groups, volunteering.
- How to stimulate positive activities through using experiential play and animation across community assets – this will include how to adapt traditional forms of games and sports as well as utilizing fun and adventure to encourage positive interaction.

What skills will I develop?

- Deliver risk reduction advice and interventions in the community, that may relate to topics such as: road safety, fire prevention, fire setting, water safety and health and life-style choices.
- Assess risks and provide appropriate advice, interventions and solutions and recognise when a situation is beyond the scope of their role and take appropriate action.
- Communicate effectively with others and adapt communication media, methods and styles to suit a diverse audience(s); age, culture, language, learning needs and other disabilities.
- Work alongside partner organisations or as part of a multi-disciplinary team to improve, mitigate and solve community safety issues or concerns.

What will success look like?

- Successful application of tactics and strategies to empower people from inactive and hard to reach populations to take up an active lifestyle.
- Negotiation, lobbying and brokerage skills with local partners across public health, community development and anti social behaviour.
- Manage own emotions in challenging situations with members of the community, remaining calm and professional. Recognise when to seek support for own welfare.
- Demonstrate clear and effective communication techniques in order to give/receive information accurately and in a timely and positive manner.

Who is it for?

A Community Sport & Health Officer requires a comprehensive understanding of the principles of behaviour change; an ability to adapt delivery to suit different groups in society; knowledge of how to manage and lead colleagues or volunteers; practical experience of how to develop and devise appropriate sports or physical activity programmes; and the expectations of collaborative work with a network of partners/stakeholders.

Entry Requirements

There are no previous qualifications or age restriction for this course.

Apprentices must have:

- Held a residency in the UK for the last three years.
- Be working in the role of a sports coach.
- Be able to complete Functional Skills Level 2 English and maths whilst on programme if previously not secured a grade 4 (C) or above in GCSE maths and English.

Duration

The Apprenticeship will take between 16-20 months to complete – only exceptional candidates will be likely to complete in the shorter timeframe.



storyy

